

Harlow & B Stortford Swimming Clubs

Affiliated to Swim England East Region

Present their

2024 Regional Qualifier Open Meet



Sat 23rd March 2024

at Harlow LeisureZone Pool

Held under SE Laws & SE Technical Rules of Swimming

Licence Number: 3ER240144



SwimMark
ESSENTIAL CLUB

Affiliated to
Swim England
East Region

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Session information

Session 1 - Warm-up 12.30; Start 13.30					Session 2 – Warm-up 17.30; Start 18.30				
Event 101	HDW	Girls	400m	Freestyle	Event 215	HDW	Boys	400m	Freestyle
Event 102	HDW	Boys	200m	Breaststroke	Event 216	HDW	Girls	200m	Breaststroke
Event 103	HDW	Girls	200m	Freestyle	Event 217	HDW	Boys	200m	Freestyle
Event 104	HDW	Boys	200m	IM	Event 218	HDW	Girls	200m	IM
Event 105	HDW	Girls	50m	Backstroke	Event 219	HDW	Boys	50m	Backstroke
Event 106	HDW	Boys	50m	Breaststroke	Event 220	HDW	Girls	50m	Breaststroke
Event 107	HDW	Girls	100m	Butterfly	Event 221	HDW	Boys	100m	Butterfly
Event 108	HDW	Boys	100m	Freestyle	Event 222	HDW	Girls	100m	Freestyle
Event 109	HDW	Girls	200m	Backstroke	Event 223	HDW	Boys	200m	Backstroke
Event 110	HDW	Boys	200m	Butterfly	Event 224	HDW	Girls	200m	Butterfly
Event 111	HDW	Girls	50m	Freestyle	Event 225	HDW	Boys	50m	Freestyle
Event 112	HDW	Boys	50m	Butterfly	Event 226	HDW	Girls	50m	Butterfly
Event 113	HDW	Girls	100m	Breaststroke	Event 227	HDW	Boys	100m	Breaststroke
Event 114	HDW	Boys	100m	Backstroke	Event 228	HDW	Girls	100m	Backstroke

Warmup times and lanes – session one

Start	End	M/F	Age	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
12.30	12.45	Girls	12/UN	Epping	Epping	New Hall & Others	New Hall	Bishops Stortford	Bishops Stortford	Harlow	Harlow
12.45	13.00	Boys	12/UN	Epping	Epping	New Hall & Others	New Hall	Bishops Stortford	Bishops Stortford	Harlow	Harlow
13.00	13.15	Girls	13/OV	Epping	Epping	New Hall & Others	New Hall	Bishops Stortford	Bishops Stortford	Harlow	Harlow
13.15	13.30	Boys	13/OV	Epping	Epping	New Hall & Others	New Hall	Bishops Stortford	Bishops Stortford	Harlow	Harlow

Warmup times and lanes – session two

Start	End	M/F	Age	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
17.30	17.45	Boys	12/UN	Epping	Epping	New Hall & Others	New Hall	Bishops Stortford	Bishops Stortford	Harlow	Harlow
17.45	18.00	Girls	12/UN	Epping	Epping	New Hall & Others	New Hall	Bishops Stortford	Bishops Stortford	Harlow	Harlow
18.00	18.15	Boys	13/OV	Epping	Epping	New Hall & Others	New Hall	Bishops Stortford	Bishops Stortford	Harlow	Harlow
18.15	18.30	Girls	13/OV	Epping	Epping	New Hall & Others	New Hall	Bishops Stortford	Bishops Stortford	Harlow	Harlow

Welcome

On behalf of Harlow & B Stortford swimming clubs, I am delighted to welcome you to LeisureZone for our 2024 Regional Qualifier Open Meet. This is an all-inclusive event, with a wide range of QTs set appropriately for a Level 3 Meet.

We are grateful to LeisureZone's staff and management and to our sponsors, referees, officials and volunteers, without whom this meet could not be organised, particularly all our helpers who do not have a swimmer here today. Your efforts are highly appreciated.

Welcome again to our closest friends and competitors in local clubs who support us every year. These local galas provide a competitive springboard for success. We hope you all #swimfast and enjoy the event.

Meet rules and information

General

The promoters reserve the right to refuse admission to any spectator, coach or swimmer. Any issues not covered herein will be subject to the discretion of the promoters who also reserve the right to make changes that may be considered necessary for the smooth running and discipline of the event.

The Competition

The Meet will be held under SE Laws & SE Technical Rules of swimming, and the promoter's conditions. Only swimmers registered with Swim England to category 2 level will be permitted to take part. The Meet will be run as "age on the day" for swimmers on 23rd March 2024. The competition will be held in an 8 lane, 25 metre deck level pool with anti-wave lane ropes. Daktronics electronic timing will be in operation.

Awards will be made to places 1-3 in the age groups 9, 10, 11, 12, 13, 14, 15, 16/OV. Events will be heat declared winners. Random spot prizes will be awarded in some heats. Heats will be spearheaded on submitted times. It is the responsibility of coaches and team managers to ensure their swimmers report to the marshalling on time.

Photography

No photography is permitted in changing rooms. Any person found to be contravening this condition will be required to leave the competition and venue without refund. All persons attending this event should exercise reasonable caution when using cameras and other image-capturing devices, particularly with regard to the sharing of such images on social media. Any safeguarding and child protection concerns, photographic or otherwise, should be reported verbally and in writing to the Promoter, who is the designated person responsible for safeguarding at this event. If the concerns relate to the conduct of the Promoter, this should be reported verbally to the referee responsible for this event and in writing to the Swim England East Region Independent Child Protection Officer.

Safety announcement

You are reminded that the depth of water at the start end is 2.0m and the depth of water at the turn end is 1.2m.

Starting blocks are 60cm above water level at the start. There is to be no diving from the turn end at any time.

Coaches and Team Managers are reminded that only those swimmers who have reached the standard of the SE Preliminary Competitive Start Award are permitted to start with a shallow racing dive from the side of the pool. Swimmers who have not reached this standard must start in the water.

Only those swimmers who have reached the standard of the SE Competitive Start Award are permitted to start with a shallow racing dive from the starting blocks.

If there is a false start, you must continue with a shallow racing dive, you must not topple into the water head downwards as this is dangerous. If you are starting in the water, you must lower yourself over the side; do not jump or dive.

The signal that you will hear if it becomes necessary to evacuate the building will be a recorded voice message. To evacuate the building, all those present must use the marked emergency exits. These are situated at the far end of the pool. In the spectators' gallery there are additional exits at the far end of the gallery.

Swimmers and officials must not return to the changing rooms to collect their clothes or belongings.

Swimmers are advised to remove all jewellery in order to prevent accidental injury to themselves.

Car park and lockers:

There is ample parking at the pool. Please allow time to queue at the barrier.

Exit from the car park is by token, collected at the entrance and payable according to length of stay. Tokens must be validated for exit at the pay machine or at LeisureZone reception desk.

Lockers operate on a 20p coin-retain basis. HPSC is not responsible for the security of swimmers' belongings.

Covid guidelines

To avoid close contact, **there will be no sign-in desk**. Heats will be printed in advance. Therefore, to avoid too many empty lanes we are grateful to hear of withdrawals until mid-night on Wednesday.

LeisureZone does not impose any regulations, however, anyone with symptoms is advised to take a lateral flow test before you come. Do not attend this gala if you have tested positive. Swimmers are requested to remain with their own club as far as possible. Government guidelines no longer require you to wear a mask in the gallery, foyer and communal areas.

Spectators

Entry to the gallery will be charged at £5 per session or £8 for both, with no other concessions. Payment by card is possible. The centre does not permit the consumption of food in the gallery itself.

Officials

The briefing / refreshments room will be the upstairs “Conference Room” (in the corridor leading to the squash courts). Food will be served in this room between sessions.

Please sign-in at 12.30 / 17.30 respectively for a briefing 15 mins later. Parking at LeisureZone will be refunded.

Please wear a white top, with either black or white trousers and any colour clean footwear suitable for pool deck. Bring your own stopwatch and clipboard.

Also bring your own water bottle.

Coaches' packs

Will be available to collect from the gallery entry desk – for those who have ordered in advance. Food will be served in the Conference Room between sessions.

Please bring your own water bottle.

Drinks

We have ceased the practice of buying single-use plastic. Individual bottles will not be provided. All officials and coaches need to bring their own bottles which can be filled from large storage we will be providing, and or from the centre's water fountains – e.g. there is one just beyond the Conference Room, near the squash courts.

EVENT 101 Female 400m Freestyle

1.	NIAMH TUSON	10	Epping For't	7:17.21	
2.	SARAH APOSTOL	10	Epping For't	7:00.00	
3.	CASSIE BONNER	9	Epping For't	6:45.00	
4.	JESSICA CARTER	14	Epping For't	6:39.57	
5.	HOLLY FITZGERALD	11	Harlow Pen	6:20.00	
6.	MAYA MALIN	12	Epping For't	6:15.55	
7.	HARRIET SEDGWICK	12	New Hall	6:07.77	
8.	KATHLEEN CASERTA	12	New Hall	6:07.10	
9.	GRACE MASON	17	Bishop Stort	5:27.40	
10.	ISLA O'DOWD	13	Epping For't	5:26.55	
11.	ISOBEL MCKAY	12	Epping For't	5:26.12	
12.	JEYDA FAIK	14	Epping For't	5:18.41	
13.	FREYA GORDON	15	Harlow Pen	5:18.08	
14.	FREYA HILL	13	New Hall	5:11.44	
15.	SELINA GREEN	14	New Hall	5:02.50	
16.	KAYLEIGH PEACOCK	15	Harlow Pen	4:59.58	
17.	LOLA WONFOR	14	New Hall	4:56.68	
18.	MIRIAM MOUKDAD	17	Bishop Stort	4:54.77	
19.	LAURA BURGESS	18	Bishop Stort	4:48.00	
20.	MEISHA TREND-EVANS	17	Bishop Stort	4:37.85	

EVENT 102 Open/Male 200m Breaststroke

1.	ALEXANDER MCKAY	10	Epping For't	4:36.68	
2.	PAYTON SANDHU	10	Epping For't	4:33.13	
3.	JARED JONES	11	Harlow Pen	4:09.09	
4.	ROBERTO AKINCI	12	Epping For't	4:00.00	
5.	HARRY HALL	11	New Hall	3:50.31	
6.	ERICK SZOCS	15	Epping For't	3:45.00	
7.	KENNY MILLSOM	10	Bishop Stort	3:40.05	
8.	JAMES MURPHY	12	New Hall	3:34.62	
9.	MARCUS FECHETE	11	Epping For't	3:29.82	
10.	ALEXANDRU APOSTOL	14	Epping For't	3:29.38	
11.	EDDY CHENG	13	Bishop Stort	3:23.60	
12.	ALBY JAMIESON	13	Harlow Pen	3:14.47	
13.	ALEXANDER BELNIKOFF	13	Epping For't	3:02.80	
14.	AUSTIN BROOK	13	New Hall	2:59.80	
15.	ROBERT GOR	15	Bishop Stort	2:49.42	
16.	HARRISON BROOK	15	New Hall	2:47.71	
17.	DMITRIJS GRACOVS	15	Harlow Pen	2:42.59	

EVENT 103 Female 200m Freestyle

1.	AVA PRICE	11	Bishop Stort	3:47.97	
2.	ELSIE COLE	10	Epping For't	3:41.50	
3.	EMILY SMITH	12	Harlow Pen	3:41.00	
4.	JOSEPHINE FOSTER	10	Epping For't	3:30.00	
5.	ERIN CAMERON	10	Epping For't	3:30.00	
6.	LOIS WOOTTON	11	Epping For't	3:28.61	
7.	LIV BAUTISTA	13	Epping For't	3:15.00	
8.	SHOSHANA DENNEHY	11	Harlow Pen	3:13.54	
9.	LYLA PAYNE	13	Epping For't	3:08.62	
10.	GABRIELLA SALES	10	Epping For't	3:04.70	
11.	ANNA GRIMWOOD	12	Bishop Stort	3:04.28	
12.	CHARLOTTE CARTER	11	Epping For't	2:59.89	
13.	MAEVA SMITH	12	Harlow Pen	2:58.66	
14.	LOIS LAWS	12	Harlow Pen	2:58.20	
15.	ISABELLA CROTTY	11	Bishop Stort	2:57.91	
16.	LOUISA KOSHELEVA	14	Epping For't	2:57.73	
17.	AVA MCCARTHY	13	Harlow Pen	2:51.25	
18.	HEIDI WOODLEY	12	New Hall	2:48.17	
19.	KATHLEEN CASERTA	12	New Hall	2:47.18	
20.	ESHA CROSS	15	Epping For't	2:46.43	
21.	HARRIET SEDGWICK	12	New Hall	2:46.22	
22.	ISABELLE BAZELY	11	New Hall	2:40.38	
23.	KAYLA SMITH	12	Harlow Pen	2:40.35	
24.	MEHA PATEL	13	Bishop Stort	2:39.78	
25.	FELICITY OAKES	14	Harlow Pen	2:37.85	
26.	KATHMARL KLIS FARFAN	18	Epping For't	2:37.76	
27.	BADE PORTIOGLU	13	Epping For't	2:35.75	
28.	ISLA O'DOWD	13	Epping For't	2:32.91	
29.	EMILY FITZGERALD	14	Harlow Pen	2:28.76	
30.	MICHELLE SHADIPE	14	New Hall	2:25.51	
31.	SELINA GREEN	14	New Hall	2:22.80	
32.	AMELIA WETHERELL	14	Harlow Pen	2:20.85	
33.	SUMMER BUCKLAND	14	Harlow Pen	2:19.80	
34.	LOLA WONFOR	14	New Hall	2:18.96	
35.	MIRIAM MOUKDAD	17	Bishop Stort	2:14.80	
36.	NIAMH JAMES	23	Bishop Stort	2:14.63	
37.	MEISHA TREND-EVANS	17	Bishop Stort	2:11.22	
38.	EMMA FIELDS	17	Bishop Stort	2:10.79	

EVENT 104 Open/Male 200m IM

1.	ARYA ZOLFAGHARI	11	Epping For't	4:01.14	
2.	RENWA ARIA	11	Epping For't	3:45.00	
3.	FREDERICK SHANKLAND	12	Epping For't	3:30.00	
4.	ERICK SZOCS	15	Epping For't	3:20.00	
5.	JAMES FULBROOK	14	Epping For't	3:17.97	
6.	ROBERTO AKINCI	12	Epping For't	3:16.38	
7.	BOBBY MERCER	11	Harlow Pen	3:13.64	
8.	ARCHIE LAKE	12	New Hall	3:11.67	
9.	JACK LEES	11	Epping For't	3:04.94	
10.	LOUIS KINCH	12	New Hall	3:02.72	
11.	HARRISON DODWELL	10	Bishop Stort	3:00.00	
12.	ALEXANDRU APOSTOL	14	Epping For't	2:59.73	

14.	OSCAR LANGSTON	12	Epping For't	2:59.60	
15.	NOAH CONROY	11	Bishop Stort	2:56.40	
16.	JAMES BULL	15	Harlow Pen	2:48.24	
17.	LIAM BAUTISTA	14	Epping For't	2:46.37	
18.	PHILIPP VITKOVSKI	13	Epping For't	2:45.95	
19.	JOHN DEEKS	15	Bishop Stort	2:44.74	
20.	CHARLIE PLUME	14	Harlow Pen	2:43.67	
21.	RARES BRANISTEANU	15	Harlow Pen	2:42.11	
22.	ELLIOT HALL	13	Bishop Stort	2:37.12	
23.	ETHAN MAY	18	Harlow Pen	2:32.47	
24.	JACK BANNING	16	Harlow Pen	2:29.95	
25.	DANYLO KRAVCHENKO	14	New Hall	2:20.90	

EVENT 105 Female 50m Backstroke

1.	ISLA BAUTISTA	10	Epping For't	1:10.00	
2.	DAPHNE BRISCOE	9	New Hall	1:10.00	
3.	FLORENCE GILL	9	Epping For't	1:05.00	
4.	AMELIE MURRAY	10	Epping For't	1:00.00	
5.	L KURUKULASOORIYA	10	Epping For't	1:00.00	
6.	AVA PRICE	11	Bishop Stort	59.15	
7.	PERDITA BRISCOE	9	New Hall	59.00	
8.	LUCIA PINTILEI	12	Harlow Pen	58.80	
9.	ANOUSHKA FIELD	9	New Hall	56.22	
10.	ADRIENN KOVACS	9	Harlow Pen	56.00	
11.	ISLA DUNLEAVY	11	Harlow Pen	56.00	
12.	SCARLETT CATHERALL	11	Epping For't	55.00	
13.	ISABELLA MCKENZIE	10	Bishop Stort	55.00	
14.	AMBER LUCAS	10	Epping For't	55.00	
15.	EMILIA QUADRI	10	Epping For't	55.00	
16.	CHLOE FIRTH	12	Epping For't	55.00	
17.	KELEREMCHI EKEKE	9	New Hall	54.38	
18.	ANNABEL TAYLOR	9	New Hall	52.10	
19.	ELENA WILEY	10	Harlow Pen	51.33	
20.	AMAIA SMITH	10	Harlow Pen	50.66	
21.	ANA FREEMAN	11	Epping For't	50.56	
22.	EMILY SMITH	12	Harlow Pen	50.33	
23.	ISOBEL LUCAS	11	Bishop Stort	49.60	
24.	TAIVIA WRIGHT	10	Harlow Pen	47.28	
25.	ALEXANDRA SOTAYO	10	New Hall	46.82	
26.	ERIN CAMERON	10	Epping For't	46.78	
27.	LILLIE FRANCE	12	Harlow Pen	46.36	
28.	LINKE GROENEWALD	10	Bishop Stort	46.31	
29.	SARAH APOSTOL	10	Epping For't	45.91	
30.	HELENA FULBROOK	12	Epping For't	45.52	
31.	LIV BAUTISTA	13	Epping For't	45.07	
32.	LYLA PAYNE	13	Epping For't	44.88	
33.	EVIE LOWERS	10	Harlow Pen	44.64	
34.	SHOSHANA DENNEHY	11	Harlow Pen	44.40	
35.	ISABELLA CROTTY	11	Bishop Stort	44.01	
36.	DIA PAUL	12	New Hall	42.89	
37.	KATHLEEN CASERTA	12	New Hall	42.62	
38.	YANA PATEL	10	Bishop Stort	42.42	
39.	LUCINDA FOSTER	11	Epping For't	42.30	
40.	KATHMARL KLIS FARFAN	18	Epping For't	41.86	
41.	MAY DONNELLY	12	Harlow Pen	41.59	
42.	HOLLY FITZGERALD	11	Harlow Pen	41.33	
43.	AVA MCCARTHY	13	Harlow Pen	40.97	
44.	ISABELLE EARLEY	12	Bishop Stort	40.77	
45.	LOUISA CLAXTON	13	New Hall	40.53	
46.	HARRIET SEDGWICK	12	New Hall	40.34	
47.	LOUISA KOSHELEVA	14	Epping For't	40.31	
48.	BADE PORTIOGLU	13	Epping For't	39.37	
49.	KITTY MCNAUGHTON	11	Hertford	39.23	
50.	KACI-MAY PECK	13	Harlow Pen	38.72	
51.	ELSPETH LOWE	12	Bishop Stort	37.66	
52.	ISABELLE BAZELY	11	New Hall	37.50	
53.	FREYA GORDON	15	Harlow Pen	37.50	
54.	JEYDA FAIK	14	Epping For't	37.18	
55.	FREYA HILL	13	New Hall	36.80	
56.	ISLA O'DOWD	13	Epping For't	36.79	
57.	ISOBEL MCKAY	12	Epping For't	36.22	
58.	GENNA LEE	13	Harlow Pen	35.86	
59.	AMELIA MATTHEWS	12	Harlow Pen	35.75	
60.	LOIS FIELDS	12	Bishop Stort	35.57	
61.	SELINA GREEN	14	New Hall	35.17	
62.	AMELIA WETHERELL	14	Harlow Pen	35.04	
63.	NATHALIE BAILEY	13	New Hall	34.03	
64.	LAUREN GORE	17	Bishop Stort	33.31	

EVENT 106 Open/Male 50m Breaststroke

1.	VOLODYMYR IGNATIEV	14	Bishop Stort		
2.	HENRY OAKES	16	Harlow Pen	1:39.10	
3.	SETH FORD	10	New Hall	1:15.00	
4.	MARTIN CHOLAKOV	10	Harlow Pen	1:12.33	
5.	JACK LOMAS	10	New Hall	1:10.25	
6.	SAMUEL FALLAHNIA	10	Epping For't	1:10.00	
7.	ETHAN JOLLES	11	Harlow Pen	1:08.53	
8.	MATTHEW CLEMENTS	9	New Hall	1:07.34	
9.	WILLIAM DONNELLY	9	Harlow Pen	1:05.00	
10.	ZACHARY MATTHEWS	9	Harlow Pen	1:01.00	
11.	ALEXANDER MCKAY	10	Epping For't	1:00.27	
12.	COLTON SMIT	10	New Hall	1:00.15	
13.	CHARLIE DONNELLY	9	Harlow Pen	1:00.00	
14.	FREDERICK SHANKLAND	12	Epping For't	1:00.00	

OSCAR ROUT	11	Harlow Pen	1:00.00	
16. JAMES FUTTER	12	New Hall	57.24	
17. HUGO STEGEMAN	10	New Hall	56.70	
18. JEREMY COX	10	Harlow Pen	56.66	
19. ALEXANDER EUSTACE	11	Bishop Stort	56.03	
20. JARED JONES	11	Harlow Pen	55.13	
21. GUILLAUME TITOT	13	Epping For't	55.00	
22. LUCA TSE	11	Bishop Stort	53.93	
23. ARCHIE LAKE	12	New Hall	52.83	
24. KAI CHARLES	10	Harlow Pen	51.70	
25. MOSES KWOK	13	Epping For't	49.02	
26. HARRY HALL	11	New Hall	48.35	
27. SHENHAN LI	13	Epping For't	48.09	
28. KENNY MILLSOM	10	Bishop Stort	47.48	
29. RUSLAN SHIRAZ	12	Epping For't	47.23	
30. JAMES MURPHY	12	New Hall	46.82	
31. ROBERTO AKINCI	12	Epping For't	46.79	
32. SEBASTIAN SMITH	12	Bishop Stort	46.67	
33. MARCUS FECHETE	11	Epping For't	45.55	
34. HARRISON DODWELL	10	Bishop Stort	44.29	
35. JAMES FULBROOK	14	Epping For't	44.02	
36. OSCAR LANGSTON	12	Epping For't	43.48	
37. GUY SPEARMAN-BAINES	12	Bishop Stort	43.05	
38. EDDY CHENG	13	Bishop Stort	42.30	
39. LUCAS PINTILEI	14	Harlow Pen	41.87	
40. PHILIPP VITKOVSKI	13	Epping For't	40.82	
41. RARES BRANISTEANU	15	Harlow Pen	40.65	
42. ALBY JAMIESON	13	Harlow Pen	39.18	
43. JOSHUA DILCHAND	14	Epping For't	38.83	
44. AUSTIN BROOK	13	New Hall	38.20	
45. IMTIAAZ RAHMAN	15	Epping For't	38.19	
46. ELLIOT HALL	13	Bishop Stort	37.04	
47. ROBERT GOR	15	Bishop Stort	34.85	
48. JACK BANNING	16	Harlow Pen	34.63	
49. COOPER SMITH	14	Harlow Pen	34.40	
50. HARRISON BROOK	15	New Hall	34.20	
51. DMITRIJS GRACOVS	15	Harlow Pen	33.90	
52. ETHAN MAY	18	Harlow Pen	32.99	

EVENT 107 Female 100m Butterfly

1. NIAMH TUSON	10	Epping For't	2:00.00	
2. CHARLOTTE CARTER	11	Epping For't	1:50.77	
3. JESSICA CARTER	14	Epping For't	1:42.55	
4. LOIS WOOTTON	11	Epping For't	1:40.00	
5. LOIS LAWS	12	Harlow Pen	1:39.70	
6. ELIZABETH GORE	12	Epping For't	1:38.25	
7. ROWENA BARNARD	14	Epping For't	1:34.64	
8. LUCY DAY	12	Harlow Pen	1:32.69	
9. ISLA O'DOWD	13	Epping For't	1:32.26	
10. BADE PORTIOGLU	13	Epping For't	1:30.69	
11. ESHA CROSS	15	Epping For't	1:29.40	
12. FREYA HILL	13	New Hall	1:18.88	
13. GENNA LEE	13	Harlow Pen	1:17.00	
14. GRACE MASON	17	Bishop Stort	1:12.83	
15. EMMA FIELDS	17	Bishop Stort	1:05.19	

EVENT 108 Open/Male 100m Freestyle

1. FREDERICK BAILEY	9	New Hall	2:01.01	
2. SAMUEL FALLAHNIA	10	Epping For't	2:00.00	
3. GUILLAUME TITOT	13	Epping For't	1:50.00	
4. MARTIN CHOLAKOV	10	Harlow Pen	1:45.00	
5. COLTON SMIT	10	New Hall	1:42.47	
6. HUGO STEGEMAN	10	New Hall	1:40.90	
7. PAYTON SANDHU	10	Epping For't	1:40.69	
8. JAMES FUTTER	12	New Hall	1:37.87	
9. JOSHUA GREEN	10	Bishop Stort	1:34.36	
10. ARYA ZOLFAGHARI	11	Epping For't	1:34.17	
11. RENWA ARIA	11	Epping For't	1:33.42	
12. GEORGE HALL	11	Bishop Stort	1:27.64	
13. LUCA TSE	11	Bishop Stort	1:25.00	
14. HARRISON DODWELL	10	Bishop Stort	1:23.96	
15. MOSES KWOK	13	Epping For't	1:23.53	
16. HARRY HALL	11	New Hall	1:23.52	
17. JAMES GORE	15	Epping For't	1:21.15	
18. RUSLAN SHIRAZ	12	Epping For't	1:19.56	
19. ARCHIE LAKE	12	New Hall	1:19.00	
20. ROBERTO AKINCI	12	Epping For't	1:17.87	
21. DOMINIK STERBAK	12	Harlow Pen	1:16.10	
22. OSCAR LANGSTON	12	Epping For't	1:14.70	
23. JACK LEES	11	Epping For't	1:14.33	
24. JAMES FULBROOK	14	Epping For't	1:14.19	
25. BOBBY MERCER	11	Harlow Pen	1:13.18	
26. ALEXANDRU APOSTOL	14	Epping For't	1:12.53	
27. SHENHAN LI	13	Epping For't	1:12.35	
28. NOAH CONROY	11	Bishop Stort	1:12.27	
29. IMTIAAZ RAHMAN	15	Epping For't	1:12.24	
30. JAMES BULL	15	Harlow Pen	1:11.94	
31. LUCAS PINTILEI	14	Harlow Pen	1:11.87	
32. HUGHIE LOE	13	Epping For't	1:11.72	
33. MATEI HARDWARE	14	Harlow Pen	1:10.07	
34. DEIVIDS EIHALDS	15	Harlow Pen	1:09.89	
35. LOUIS KINCH	12	New Hall	1:09.70	
36. JOHN DEEKS	15	Bishop Stort	1:07.60	
37. BENJAMIN PALMER	13	Bishop Stort	1:06.64	

ADAM WHITE	13	Harlow Pen	1:06.38	
39. LIAM BAUTISTA	14	Epping For't	1:05.82	
40. JAMES CHERRY	15	Harlow Pen	1:05.52	
41. CHARLIE PLUME	14	Harlow Pen	1:04.38	
42. COOPER SMITH	14	Harlow Pen	1:04.32	
43. ELLIOT HALL	13	Bishop Stort	1:02.63	
44. RARES BRANISTEANU	15	Harlow Pen	1:01.80	
45. MAXIM SZARVADI	14	Harlow Pen	1:01.20	
46. BEAU REILLY	15	Bishop Stort	59.87	
47. GEORGE TAYLOR	16	Bishop Stort	59.63	
48. JOSHUA HUTCHINSON	17	Harlow Pen	59.24	
49. MICHAEL MANNIX	15	Harlow Pen	58.26	
50. GEORGE JONES	14	Harlow Pen	58.09	
51. OLIVER HUTCHINSON	17	Harlow Pen	58.04	
52. DANYLO KRAVCHENKO	14	New Hall	56.60	
53. CAMERON JONES	17	Bedford SS	56.60	

EVENT 109 Female 200m Backstroke

1. ELSIE COLE	10	Epping For't	4:00.00	
2. JOSEPHINE FOSTER	10	Epping For't	3:40.00	
3. MAYA MALIN	12	Epping For't	3:33.05	
4. DIA PAUL	12	New Hall	3:32.20	
5. CASSIE BONNER	9	Epping For't	3:28.52	
6. LIV BAUTISTA	13	Epping For't	3:28.06	
7. EVIE LOWERS	10	Harlow Pen	3:26.16	
8. MAY DONNELLY	12	Harlow Pen	3:24.00	
9. LUCINDA FOSTER	11	Epping For't	3:20.00	
10. ELSPETH LOWE	12	Bishop Stort	3:19.56	
11. HARRIET SEDGWICK	12	New Hall	3:15.89	
12. HOLLY FITZGERALD	11	Harlow Pen	3:14.77	
13. LUCY DAY	12	Harlow Pen	3:12.94	
14. LOUISA KOSHELEVA	14	Epping For't	3:11.04	
15. LOUISA CLAXTON	13	New Hall	3:09.71	
16. LILY WANG	12	Epping For't	3:01.24	
17. ISLA O'DOWD	13	Epping For't	2:53.46	
18. ISOBEL MCKAY	12	Epping For't	2:46.61	
19. EMILY FITZGERALD	14	Harlow Pen	2:43.63	
20. NATHALIE BAILEY	13	New Hall	2:42.89	
21. SELINA GREEN	14	New Hall	2:37.64	

EVENT 110 Open/Male 200m Butterfly

1. MARCUS FECHETE	11	Epping For't	3:31.84	
2. HUGHIE LOE	13	Epping For't	3:23.73	
3. ALEXANDER BELNIKOFF	13	Epping For't	3:02.65	
4. TOBY GRADWELL	15	Hertford	2:35.41	
5. DMITRIJS GRACOV'S	15	Harlow Pen	2:26.60	
6. JACK BANNING	16	Harlow Pen	2:23.23	

EVENT 111 Female 50m Freestyle

1. ISLA BOTTEN	9	New Hall	1:12.00	
2. SHERRI JOLLES	10	Harlow Pen	1:11.22	
3. ISLA BAUTISTA	10	Epping For't	1:05.00	
4. DAPHNE BRISCOE	9	New Hall	1:05.00	
5. AMELIE MURRAY	10	Epping For't	1:00.00	
6. FLORENCE GILL	9	Epping For't	1:00.00	
7. ADRIENN KOVACS	9	Harlow Pen	55.53	
8. ISLA DUNLEAVY	11	Harlow Pen	55.53	
9. PERDITA BRISCOE	9	New Hall	55.00	
10. L KURUKULASOORIYA	10	Epping For't	55.00	
11. CHARLOTTE CASS	9	Bishop Stort	52.27	
12. SARAYA WIJAY	10	New Hall	50.15	
13. ALEXA WILLIAMS	9	Epping For't	50.00	
14. AMBER LUCAS	10	Epping For't	50.00	
15. SCARLETT CATHERALL	11	Epping For't	50.00	
16. CHLOE FIRTH	12	Epping For't	50.00	
17. ISABELLA MCKENZIE	10	Bishop Stort	50.00	
18. EMILIA QUADRI	10	Epping For't	50.00	
19. ANOUSHKA FIELD	9	New Hall	48.31	
20. ERIN CAMERON	10	Epping For't	47.34	
21. LUCIA PINTILEI	12	Harlow Pen	47.08	
22. NAOMI MUWANGI	9	Harlow Pen	45.68	
23. KELEREMCHI EKEKE	9	New Hall	45.54	
24. AVA PRICE	11	Bishop Stort	45.01	
25. ELENA WILEY	10	Harlow Pen	44.47	
26. ANA FREEMAN	11	Epping For't	43.90	
27. LINKE GROENEWALD	10	Bishop Stort	43.78	
28. ANNABEL TAYLOR	9	New Hall	43.57	
29. LILLIE FRANCE	12	Harlow Pen	42.82	
30. AMAIA SMITH	10	Harlow Pen	42.56	
31. ALEXANDRA SOTAYO	10	New Hall	41.80	
32. TAIVIA WRIGHT	10	Harlow Pen	41.32	
33. CHARLOTTE CARTER	11	Epping For't	40.87	
34. DIA PAUL	12	New Hall	40.60	
35. ISOBEL LUCAS	11	Bishop Stort	39.73	
36. LIV BAUTISTA	13	Epping For't	39.52	
37. HELENA FULBROOK	12	Epping For't	39.09	
38. LYL A PAYNE	13	Epping For't	38.81	
39. ISABELLA CROTTY	11	Bishop Stort	37.52	
40. EMILY SMITH	12	Harlow Pen	37.21	
41. GABRIELLA SALES	10	Epping For't	37.20	
42. ELSPETH LOWE	12	Bishop Stort	36.77	
43. SHOSHANA DENNEHY	11	Harlow Pen	36.70	
44. YANA PATEL	10	Bishop Stort	36.30	
45. LOIS LAWS	12	Harlow Pen	35.94	

47.	ANNA GRIMWOOD	12	Bishop Stort	35.89	
48.	MAY DONNELLY	12	Harlow Pen	35.80	
49.	LOUISA KOSHELEVA	14	Epping For't	35.57	
50.	AVA MCCARTHY	13	Harlow Pen	35.27	
51.	LOUISA CLAXTON	13	New Hall	35.13	
52.	JESSICA CARTER	14	Epping For't	35.12	
53.	KATHLEEN CASERTA	12	New Hall	35.00	
54.	CAITLIN RAWDEN	13	New Hall	35.00	
55.	ISABELLE EARLEY	12	Bishop Stort	34.96	
56.	HEIDI WOODLEY	12	New Hall	34.94	
57.	MAEVA SMITH	12	Harlow Pen	34.78	
58.	HARRIET SEDGWICK	12	New Hall	34.45	
59.	ESHA CROSS	15	Epping For't	33.72	
60.	MAYA MALIN	12	Epping For't	33.36	
61.	NORA VILLA	14	Epping For't	33.23	
62.	LOIS WATSON	12	Romford Town	33.01	
63.	ISLA O'DOWD	13	Epping For't	32.57	
64.	MEHA PATEL	13	Bishop Stort	32.50	
65.	BADE PORTIOGLU	13	Epping For't	32.40	
66.	ROWENA BARNARD	14	Epping For't	32.39	
67.	KATHMARL KLIS FARFAN	18	Epping For't	32.03	
68.	LOIS FIELDS	12	Bishop Stort	31.73	
69.	KACI-MAY PECK	13	Harlow Pen	31.70	
70.	JEYDA FAIK	14	Epping For't	31.53	
71.	FREYA HILL	13	New Hall	31.09	
72.	FREYA GORDON	15	Harlow Pen	30.72	
73.	AMELIA WETHERELL	14	Harlow Pen	30.33	
74.	KAYLEIGH PEACOCK	15	Harlow Pen	30.20	
75.	NATHALIE BAILEY	13	New Hall	30.18	
76.	AMELIA MATTHEWS	12	Harlow Pen	29.80	
77.	LAUREN GORE	17	Bishop Stort	29.41	
78.	SUMMER BUCKLAND	14	Harlow Pen	29.35	
79.	MICHELLE SHADIPE	14	New Hall	28.80	
80.	GENNA LEE	13	Harlow Pen	28.70	
	EMMA FIELDS	17	Bishop Stort	27.65	

EVENT 112 Open/Male 50m Butterfly

1.	VOLODYMYR IGNATIEV	14	Bishop Stort		
2.	ALEXANDER MCKAY	10	Epping For't	1:00.00	
3.	CIAN MILLSOM	9	Bishop Stort	1:00.00	
4.	KAI CHARLES	10	Harlow Pen	53.03	
5.	GUY SPEARMAN-BAINES	12	Bishop Stort	50.91	
6.	ALEXANDER EUSTACE	11	Bishop Stort	50.82	
7.	FREDERICK SHANKLAND	12	Epping For't	50.00	
8.	GEORGE HALL	11	Bishop Stort	49.72	
9.	JAMES GORE	15	Epping For't	46.43	
10.	JEREMY COX	10	Harlow Pen	45.90	
11.	LUCA TSE	11	Bishop Stort	45.00	
12.	ROBERTO AKINCI	12	Epping For't	44.60	
13.	MARCUS FECHETE	11	Epping For't	43.41	
14.	OSCAR LANGSTON	12	Epping For't	40.63	
15.	LUCAS PINTILEI	14	Harlow Pen	40.55	
16.	ALBY JAMIESON	13	Harlow Pen	39.63	
17.	ARCHIE LAKE	12	New Hall	38.56	
18.	JACK LEES	11	Epping For't	38.16	
19.	ALEXANDRU APOSTOL	14	Epping For't	37.13	
20.	AUSTIN BROOK	13	New Hall	37.13	
21.	HUGHIE LOE	13	Epping For't	36.72	
22.	SHENHAN LI	13	Epping For't	36.61	
23.	DEXTER CARTER	11	Ashford Town	36.55	
24.	MATEI HARDWARE	14	Harlow Pen	35.98	
25.	ERICK SZOCS	15	Epping For't	35.72	
26.	IMTIAAZ RAHMAN	15	Epping For't	35.32	
27.	LOUIS KINCH	12	New Hall	34.90	
28.	ADAM WHITE	13	Harlow Pen	34.85	
29.	DEIVIDS EIHALDS	15	Harlow Pen	34.66	
30.	CHARLES HAYWARD	13	Epping For't	33.50	
31.	PHILIPP VITKOVSKI	13	Epping For't	33.15	
32.	JAMES BULL	15	Harlow Pen	32.74	
33.	MAXIM SZARVADI	14	Harlow Pen	32.50	
34.	JOSHUA DILCHAND	14	Epping For't	32.13	
35.	COOPER SMITH	14	Harlow Pen	31.43	
36.	RARES BRANISTEANU	15	Harlow Pen	30.94	
37.	GEORGE JONES	14	Harlow Pen	30.30	
38.	BEAU REILLY	15	Bishop Stort	30.26	
39.	DMITRIJS GRACOVS	15	Harlow Pen	29.74	
40.	GEORGE TAYLOR	16	Bishop Stort	28.20	
41.	ETHAN MAY	18	Harlow Pen	28.12	

EVENT 113 Female 100m Breaststroke

1.	ERIN CAMERON	10	Epping For't	2:32.00	
2.	AVA PRICE	11	Bishop Stort	2:24.56	
3.	SARAYA WIJAY	10	New Hall	2:14.38	
4.	SARAH APOSTOL	10	Epping For't	2:11.60	
5.	CHLOE FIRTH	12	Epping For't	2:10.00	
6.	ALEXA WILLIAMS	9	Epping For't	2:10.00	
7.	KELEREMCHI EKEKE	9	New Hall	2:10.00	
8.	ALEXANDRA SOTAYO	10	New Hall	2:08.00	
9.	AMALIA ZEOLLA	11	New Hall	2:06.38	
10.	OLIVIA HAWKER	10	Bishop Stort	2:04.09	
11.	HELENA FULBROOK	12	Epping For't	2:03.34	
12.	LOIS WOOTTON	11	Epping For't	1:58.52	
13.	ELIZABETH GORE	12	Epping For't	1:57.27	
14.	ANA FREEMAN	11	Epping For't	1:56.78	

16.	TAIVIA WRIGHT	10	Harlow Pen	1:55.00	
16.	GABRIELLA SALES	10	Epping For't	1:52.50	
17.	HEIDI WOODLEY	12	New Hall	1:50.00	
18.	CAITLIN RAWDEN	13	New Hall	1:50.00	
19.	LOUISA KOSHELEVA	14	Epping For't	1:49.93	
20.	LUCINDA FOSTER	11	Epping For't	1:48.51	
21.	EMILY SMITH	12	Harlow Pen	1:43.69	
22.	LYLA PAYNE	13	Epping For't	1:40.67	
23.	KATHLEEN CASERTA	12	New Hall	1:39.18	
24.	KATHMARL KLIS FARFAN	18	Epping For't	1:36.62	
25.	LOIS WATSON	12	Romford Town	1:35.60	
26.	KAYLA SMITH	12	Harlow Pen	1:35.18	
27.	NORA VILLA	14	Epping For't	1:35.12	
28.	JEYDA FAIK	14	Epping For't	1:31.92	
29.	ISABELLE EARLEY	12	Bishop Stort	1:30.44	
30.	SUMMER BUCKLAND	14	Harlow Pen	1:19.95	
31.	MIRIAM MOUKDAD	17	Bishop Stort	1:19.31	
32.	NIAMH JAMES	23	Bishop Stort	1:15.86	
33.	LAUREN GORE	17	Bishop Stort	1:13.56	

EVENT 114 Open/Male 100m Backstroke

1.	SAMUEL FALLAHNIA	10	Epping For't	2:10.00	
2.	HUGO STEGEMAN	10	New Hall	2:00.78	
3.	WILLIAM DONNELLY	9	Harlow Pen	2:00.00	
4.	MATTHEW CLEMENTS	9	New Hall	1:56.21	
5.	GUILLAUME TITOT	13	Epping For't	1:55.00	
6.	PAYTON SANDHU	10	Epping For't	1:50.80	
7.	ARYA ZOLFAGHARI	11	Epping For't	1:49.74	
8.	KAI CHARLES	10	Harlow Pen	1:49.70	
9.	RENWA ARIA	11	Epping For't	1:47.84	
10.	ALEXANDER EUSTACE	11	Bishop Stort	1:43.84	
11.	JOSHUA GREEN	10	Bishop Stort	1:40.97	
12.	JAMES MURPHY	12	New Hall	1:36.25	
13.	MOSES KWOK	13	Epping For't	1:34.55	
14.	RUSLAN SHIRAZ	12	Epping For't	1:31.56	
15.	ROBERTO AKINCI	12	Epping For't	1:29.67	
16.	ARCHIE LAKE	12	New Hall	1:28.55	
17.	JAMES FULBROOK	14	Epping For't	1:28.02	
18.	SHENHAN LI	13	Epping For't	1:27.56	
19.	JACK LEES	11	Epping For't	1:24.38	
20.	BOBBY MERCER	11	Harlow Pen	1:23.75	
21.	DOMINIK STERBAK	12	Harlow Pen	1:23.44	
22.	ERICK SZOCS	15	Epping For't	1:23.37	
23.	HUGHIE LOE	13	Epping For't	1:22.64	
24.	ALEXANDRU APOSTOL	14	Epping For't	1:20.67	
25.	AUSTIN BROOK	13	New Hall	1:19.50	
26.	PHILIPP VITKOVSKI	13	Epping For't	1:15.95	
27.	JOSHUA DILCHAND	14	Epping For't	1:15.78	
28.	CHARLIE PLUME	14	Harlow Pen	1:15.09	
29.	LIAM BAUTISTA	14	Epping For't	1:14.97	
30.	CHARLES HAYWARD	13	Epping For't	1:14.02	
31.	MAXIM SZARVADI	14	Harlow Pen	1:07.45	
32.	MICHAEL MANNIX	15	Harlow Pen	1:06.41	
33.	JOSHUA HUTCHINSON	17	Harlow Pen	1:02.75	

EVENT 215 Open/Male 400m Freestyle

1.	ARYA ZOLFAGHARI	11	Epping For't	7:15.00	
2.	OSCAR LANGSTON	12	Epping For't	5:49.24	
3.	BENJAMIN PALMER	13	Bishop Stort	5:45.51	
4.	ALEXANDER BELNIKOFF	13	Epping For't	5:27.79	
5.	MATTHEW LYNCH	13	Potters Bar	5:21.20	
6.	JOSHUA DILCHAND	14	Epping For't	5:17.54	
7.	LIAM BAUTISTA	14	Epping For't	5:09.25	
8.	ANDREW DE KONING	14	Saffron Wald	5:01.69	
9.	ELLIOT HALL	13	Bishop Stort	4:53.42	
10.	MAXIM SZARVADI	14	Harlow Pen	4:52.77	
11.	CAMERON JONES	17	Bedford SS	4:24.79	
12.	MAX ARNOLD	18	Harlow Pen	4:17.28	

EVENT 216 Female 200m Breaststroke

1.	CASSIE BONNER	9	Epping For't	4:30.00	
2.	NIAMH TUSON	10	Epping For't	4:13.22	
3.	ANA FREEMAN	11	Epping For't	4:09.22	
4.	LOIS WOOTTON	11	Epping For't	4:00.00	
5.	OLIVIA HAWKER	10	Bishop Stort	3:52.19	
6.	LUCINDA FOSTER	11	Epping For't	3:50.00	
7.	EMILY SMITH	12	Harlow Pen	3:40.25	
8.	ANANYA GOPI-KRISHNA	12	Epping For't	3:34.75	
9.	KATHLEEN CASERTA	12	New Hall	3:33.29	
10.	LILY WANG	12	Epping For't	3:30.88	
11.	KATHMARL KLIS FARFAN	18	Epping For't	3:28.98	
12.	NORA VILLA	14	Epping For't	3:25.00	
13.	LOIS WATSON	12	Romford Town	3:23.80	
14.	ROSIE RANDESOME	13	Epping For't	3:17.79	
15.	JEYDA FAIK	14	Epping For't	3:16.95	
16.	AMELIA MATTHEWS	12	Harlow Pen	3:06.86	
17.	MOLLY GREATBATCH	13	Bishop Stort	2:53.29	
18.	LAUREN GORE	17	Bishop Stort	2:42.59	

EVENT 217 Open/Male 200m Freestyle

1.	FREDERICK SHANKLAND	12	Epping For't	4:00.00	
2.	ALEXANDER MCKAY	10	Epping For't	3:58.02	
3.	JARED JONES	11	Harlow Pen	3:47.00	
4.	PAYTON SANDHU	10	Epping For't	3:45.66	
5.	RENWA ARIA	11	Epping For't	3:25.15	

6.	GUY SPEARMAN-BAINES	12	Bishop Stort	2:55.39	
7.	ALBY JAMIESON	13	Harlow Pen	2:55.00	
8.	DOMINIK STERBAK	12	Harlow Pen	2:49.63	
9.	JACK FOURACRES	14	Epping For't	2:47.15	
10.	ARCHIE LAKE	12	New Hall	2:46.41	
11.	JAMES FULBROOK	14	Epping For't	2:44.44	
12.	LOUIS KINCH	12	New Hall	2:42.10	
13.	JACK LEES	11	Epping For't	2:41.61	
14.	BOBBY MERCER	11	Harlow Pen	2:39.48	
15.	NOAH CONROY	11	Bishop Stort	2:35.96	
16.	LUCAS PINTILEI	14	Harlow Pen	2:35.74	
17.	MATEI HARDWARE	14	Harlow Pen	2:35.35	
18.	SAMUEL BIRD	13	Bishop Stort	2:29.62	
19.	LIAM BAUTISTA	14	Epping For't	2:23.84	
20.	BENJAMIN PALMER	13	Bishop Stort	2:23.45	
21.	ADAM WHITE	13	Harlow Pen	2:23.16	
22.	ELLIOT HALL	13	Bishop Stort	2:22.11	
23.	CHARLES HAYWARD	13	Epping For't	2:17.70	
24.	RARES BRANISTEANU	15	Harlow Pen	2:16.00	
25.	OLIVER HUTCHINSON	17	Harlow Pen	2:12.91	
26.	DANYLO KRAVCHENKO	14	New Hall	2:05.97	
27.	GEORGE JONES	14	Harlow Pen	2:05.80	
28.	CAMERON JONES	17	Bedford SS	2:03.31	

EVENT 218 Female 200m IM

1.	SARAH APOSTOL	10	Epping For't	4:05.58	
2.	CHLOE SHEMMINGS	12	Epping For't	3:45.00	
3.	GABRIELLA SALES	10	Epping For't	3:41.64	
4.	HELENA FULBROOK	12	Epping For't	3:40.00	
5.	CHARLOTTE CARTER	11	Epping For't	3:32.39	
6.	ANANYA GOPI-KRISHNA	12	Epping For't	3:26.42	
7.	EVIE LOWERS	10	Harlow Pen	3:24.87	
8.	ELIZABETH GORE	12	Epping For't	3:24.81	
9.	LOIS LAWS	12	Harlow Pen	3:24.75	
10.	LOUISA CLAXTON	13	New Hall	3:24.57	
11.	LOUISA KOSHELEVA	14	Epping For't	3:24.26	
12.	AVA MCCARTHY	13	Harlow Pen	3:23.00	
13.	MEREDITH TING	12	Harlow Pen	3:20.00	
14.	MAYA MALIN	12	Epping For't	3:18.28	
15.	PHOEBE FOX	11	Harlow Pen	3:17.67	
16.	HEIDI WOODLEY	12	New Hall	3:14.90	
17.	ROWENA BARNARD	14	Epping For't	3:11.86	
18.	JESSICA CARTER	14	Epping For't	3:11.07	
19.	KATHMARL KLIS FARFAN	18	Epping For't	3:09.82	
20.	MEHA PATEL	13	Bishop Stort	3:07.56	
21.	LUCY DAY	12	Harlow Pen	3:07.23	
22.	ESHA CROSS	15	Epping For't	3:04.59	
23.	PHOEBE KENT	13	Harlow Pen	3:01.56	
24.	KACI-MAY PECK	13	Harlow Pen	3:00.19	
25.	KAYLA SMITH	12	Harlow Pen	2:59.06	
26.	ISOBEL MCKAY	12	Epping For't	2:54.55	
27.	BOBBIE MACDONALD-WILLI	14	Bishop Stort	2:53.56	
28.	SELINA GREEN	14	New Hall	2:50.12	
29.	GENNA LEE	13	Harlow Pen	2:40.59	
30.	LOLA WONFOR	14	New Hall	2:40.41	
31.	LAUREN GORE	17	Bishop Stort	2:34.04	
32.	NIAMH JAMES	23	Bishop Stort	2:20.96	

EVENT 219 Open/Male 50m Backstroke

1.	DANIEL CARA	9	Bishop Stort		
2.	VOLODYMYR IGNATIEV	14	Bishop Stort		
3.	HENRY OAKES	16	Harlow Pen	1:09.91	
4.	SAMUEL FALLAHNIA	10	Epping For't	1:05.00	
5.	HARRY SHEMMINGS	9	Epping For't	1:05.00	
6.	SETH FORD	10	New Hall	1:00.80	
7.	ZACHARY MATTHEWS	9	Harlow Pen	1:00.00	
8.	OSCAR ROUT	11	Harlow Pen	57.00	
9.	MARTIN CHOLAKOV	10	Harlow Pen	57.00	
10.	GEORGE HALL	11	Bishop Stort	56.27	
11.	WILLIAM DONNELLY	9	Harlow Pen	55.00	
12.	JEREMY COX	10	Harlow Pen	55.00	
13.	CHARLIE DONNELLY	9	Harlow Pen	55.00	
14.	CIAN MILLSOM	9	Bishop Stort	54.96	
15.	FREDERICK BAILEY	9	New Hall	54.56	
16.	KENNY MILLSOM	10	Bishop Stort	51.80	
17.	JACK LOMAS	10	New Hall	51.28	
18.	ALEXANDER CUTHILL	10	New Hall	50.37	
19.	THEO PORTLOCK	10	New Hall	49.79	
20.	RENWA ARIA	11	Epping For't	48.72	
21.	COLTON SMIT	10	New Hall	48.34	
22.	ALEXANDER EUSTACE	11	Bishop Stort	48.03	
23.	LUCA TSE	11	Bishop Stort	45.84	
24.	MOSES KWOK	13	Epping For't	43.25	
25.	JAMES GORE	15	Epping For't	41.96	
26.	LUCAS PINTILEI	14	Harlow Pen	41.80	
27.	NOAH CONROY	11	Bishop Stort	40.72	
28.	JACK LEES	11	Epping For't	40.25	
29.	ARCHIE LAKE	12	New Hall	40.20	
30.	OSCAR LANGSTON	12	Epping For't	39.71	
31.	ALEXANDER BELNIKOFF	13	Epping For't	39.64	
32.	SHENHAN LI	13	Epping For't	39.31	
33.	DOMINIK STERBAK	12	Harlow Pen	39.00	
34.	SAMUEL BIRD	13	Bishop Stort	38.70	
35.	BOBBY MERCER	11	Harlow Pen	38.67	

37.	HUGHIE LOE	13	Epping For't	38.48	
38.	LOUIS KINCH	12	New Hall	37.53	
39.	ANDREW DE KONING	14	Saffron Wald	37.49	
40.	JAMES FULBROOK	14	Epping For't	37.04	
41.	JACK FOURACRES	14	Epping For't	37.00	
42.	ALEXANDRU APOSTOL	14	Epping For't	36.75	
43.	AUSTIN BROOK	13	New Hall	36.44	
44.	PHILIPP VITKOVSKI	13	Epping For't	35.60	
45.	JOHN DEEKS	15	Bishop Stort	35.00	
46.	LIAM BAUTISTA	14	Epping For't	34.58	
47.	JOSHUA DILCHAND	14	Epping For't	34.22	
48.	MATTHEW LYNCH	13	Potters Bar	33.82	
49.	GLENNON LEE	17	Harlow Pen	32.55	
50.	MICHAEL MANNIX	15	Harlow Pen	31.42	
51.	MAXIM SZARVADI	14	Harlow Pen	31.30	
52.	HARRISON ODIE	16	Hoddesdon	29.40	
53.	JOSHUA HUTCHINSON	17	Harlow Pen	29.17	
	MAX ARNOLD	18	Harlow Pen	28.88	

EVENT 220 Female 50m Breaststroke

1.	ISLA BOTTEN	9	New Hall	1:22.00	
2.	ADRIENN KOVACS	9	Harlow Pen	1:18.00	
3.	ISLA DUNLEAVY	11	Harlow Pen	1:17.82	
4.	SHERRI JOLLES	10	Harlow Pen	1:16.54	
5.	ISLA BAUTISTA	10	Epping For't	1:15.00	
6.	FLORENCE GILL	9	Epping For't	1:15.00	
7.	SCARLETT CATHERALL	11	Epping For't	1:10.00	
8.	AMELIE MURRAY	10	Epping For't	1:10.00	
9.	NAOMI MUWANGI	9	Harlow Pen	1:09.24	
10.	ANOUSHKA FIELD	9	New Hall	1:06.85	
11.	SOPHIA COOPER	9	Epping For't	1:06.42	
12.	EMILIA QUADRI	10	Epping For't	1:05.00	
13.	CHLOE FIRTH	12	Epping For't	1:05.00	
14.	L KURUKULASOORIYA	10	Epping For't	1:05.00	
15.	ANNABEL TAYLOR	9	New Hall	1:03.30	
16.	OLIVIA NITA	10	Harlow Pen	1:00.25	
17.	SARAYA WIJAY	10	New Hall	1:00.07	
18.	AMBER LUCAS	10	Epping For't	1:00.00	
19.	ISABELLA MCKENZIE	10	Bishop Stort	1:00.00	
20.	AMAIA SMITH	10	Harlow Pen	59.64	
21.	ISOBEL LUCAS	11	Bishop Stort	59.28	
22.	CHARLOTTE CASS	9	Bishop Stort	59.03	
23.	ELENA WILEY	10	Harlow Pen	58.88	
24.	KELEREMCHI EKEKE	9	New Hall	58.67	
25.	LOLA GIVEN	11	Epping For't	58.11	
26.	JOSEPHINE FOSTER	10	Epping For't	58.04	
27.	LUCIA PINTILEI	12	Harlow Pen	56.98	
28.	LIV BAUTISTA	13	Epping For't	56.68	
29.	ALEXANDRA SOTAYO	10	New Hall	54.86	
30.	ELSIE COLE	10	Epping For't	54.58	
31.	ANA FREEMAN	11	Epping For't	53.93	
32.	DIA PAUL	12	New Hall	52.80	
33.	LOIS LAWS	12	Harlow Pen	52.47	
34.	ROWENA BARNARD	14	Epping For't	51.19	
35.	SAANVI KORDE	12	New Hall	50.44	
36.	LOUISA KOSHELEVA	14	Epping For't	49.26	
37.	EMILY SMITH	12	Harlow Pen	48.18	
38.	ANANYA GOPI-KRISHNA	12	Epping For't	46.12	
39.	LILY WANG	12	Epping For't	45.68	
40.	AMELIA WETHERELL	14	Harlow Pen	45.47	
41.	NORA VILLA	14	Epping For't	44.52	
42.	HEIDI WOODLEY	12	New Hall	44.19	
43.	LOIS WATSON	12	Romford Town	43.60	
44.	KAYLA SMITH	12	Harlow Pen	43.13	
45.	ROSIE RANGLESOME	13	Epping For't	42.94	
46.	ESHA CROSS	15	Epping For't	42.19	
47.	JEYDA FAIK	14	Epping For't	41.80	
48.	KACI-MAY PECK	13	Harlow Pen	41.63	
49.	KAYLEIGH PEACOCK	15	Harlow Pen	40.04	
50.	GENNA LEE	13	Harlow Pen	38.14	
51.	SUMMER BUCKLAND	14	Harlow Pen	36.78	
52.	MOLLY GREATBATCH	13	Bishop Stort	36.64	
53.	NIAMH JAMES	23	Bishop Stort	34.50	

EVENT 221 Open/Male 100m Butterfly

1.	RUSLAN SHIRAZ	12	Epping For't	1:35.00	
2.	ARCHIE LAKE	12	New Hall	1:30.19	
3.	DEXTER CARTER	11	Ashford Town	1:28.75	
4.	MATEI HARDWARE	14	Harlow Pen	1:22.80	
5.	JOHN DEEKS	15	Bishop Stort	1:17.00	
6.	PHILIPP VITKOVSKI	13	Epping For't	1:15.06	
7.	GEORGE JONES	14	Harlow Pen	1:14.23	
8.	CHARLES HAYWARD	13	Epping For't	1:13.70	
9.	ELLIOT HALL	13	Bishop Stort	1:12.55	
10.	COOPER SMITH	14	Harlow Pen	1:10.16	
11.	BEAU REILLY	15	Bishop Stort	1:07.67	
12.	DMITRIJS GRACOVS	15	Harlow Pen	1:05.42	
13.	ETHAN MAY	18	Harlow Pen	1:01.97	

EVENT 222 Female 100m Freestyle

1.	ISLA BAUTISTA	10	Epping For't	2:15.00	
2.	EMILIA QUADRI	10	Epping For't	2:00.00	
3.	L KURUKULASOORIYA	10	Epping For't	2:00.00	
4.	AMELIE MURRAY	10	Epping For't	2:00.00	

6.	FLORENCE GILL	9	Epping For't	2:00.00	
7.	ANOUSHKA FIELD	9	New Hall	1:52.13	
8.	SCARLETT CATHERALL	11	Epping For't	1:50.00	
9.	CHLOE FIRTH	12	Epping For't	1:50.00	
10.	AMBER LUCAS	10	Epping For't	1:50.00	
11.	LOLA GIVEN	11	Epping For't	1:49.62	
12.	ANNABEL TAYLOR	9	New Hall	1:47.50	
13.	AMALIA ZEOLLA	11	New Hall	1:46.88	
14.	SARAH APOSTOL	10	Epping For't	1:46.74	
15.	SOPHIA COOPER	9	Epping For't	1:45.89	
16.	ELENA WILEY	10	Harlow Pen	1:44.96	
17.	ANA FREEMAN	11	Epping For't	1:43.92	
18.	ALEXANDRA SOTAYO	10	New Hall	1:42.53	
19.	OLIVIA HAWKER	10	Bishop Stort	1:40.03	
20.	KELEREMCHI EKEKE	9	New Hall	1:38.00	
21.	JOSEPHINE FOSTER	10	Epping For't	1:37.38	
22.	NEVE CARTER	10	Harlow Pen	1:36.26	
23.	LILLIE FRANCE	12	Harlow Pen	1:36.07	
24.	CHLOE SHEMMINGS	12	Epping For't	1:33.89	
25.	ELSIE COLE	10	Epping For't	1:33.34	
26.	CAITLIN RAWDEN	13	New Hall	1:32.41	
27.	DIA PAUL	12	New Hall	1:30.66	
28.	HELENA FULBROOK	12	Epping For't	1:30.31	
29.	SHOSHANA DENNEHY	11	Harlow Pen	1:29.28	
30.	ISOBEL LUCAS	11	Bishop Stort	1:28.14	
31.	LIV BAUTISTA	13	Epping For't	1:28.09	
32.	NIAMH TUSON	10	Epping For't	1:27.94	
33.	SAANVI KORDE	12	New Hall	1:27.56	
34.	LOUISA KOSHELEVA	14	Epping For't	1:26.80	
35.	ANANYA GOPI-KRISHNA	12	Epping For't	1:25.99	
36.	CHARLOTTE CARTER	11	Epping For't	1:25.76	
37.	HOLLY FITZGERALD	11	Harlow Pen	1:23.62	
38.	CASSIE BONNER	9	Epping For't	1:22.42	
39.	YANA PATEL	10	Bishop Stort	1:21.73	
40.	MAYA MALIN	12	Epping For't	1:20.71	
41.	MAY DONNELLY	12	Harlow Pen	1:19.72	
42.	MAEVA SMITH	12	Harlow Pen	1:18.91	
43.	ISABELLA CROTTY	11	Bishop Stort	1:18.63	
44.	MEREDITH TING	12	Harlow Pen	1:18.50	
45.	PHOEBE KENT	13	Harlow Pen	1:18.31	
46.	AVA MCCARTHY	13	Harlow Pen	1:17.87	
47.	LOUISA CLAXTON	13	New Hall	1:17.83	
48.	LOIS WOOTTON	11	Epping For't	1:17.66	
49.	ROWENA BARNARD	14	Epping For't	1:17.17	
50.	JESSICA CARTER	14	Epping For't	1:17.11	
51.	HARRIET SEDGWICK	12	New Hall	1:16.48	
52.	NORA VILLA	14	Epping For't	1:16.19	
53.	HEIDI WOODLEY	12	New Hall	1:16.08	
54.	ELIZABETH GORE	12	Epping For't	1:15.53	
55.	ESHA CROSS	15	Epping For't	1:14.98	
56.	FELICITY OAKES	14	Harlow Pen	1:13.93	
57.	ROSIE RANGLESOME	13	Epping For't	1:13.06	
58.	LUCY DAY	12	Harlow Pen	1:12.19	
59.	ISOBEL MCKAY	12	Epping For't	1:11.23	
60.	MEHA PATEL	13	Bishop Stort	1:10.91	
61.	KATHMARL KLIS FARFAN	18	Epping For't	1:10.32	
62.	LOIS FIELDS	12	Bishop Stort	1:08.91	
63.	FREYA HILL	13	New Hall	1:08.90	
64.	FREYA GORDON	15	Harlow Pen	1:08.40	
65.	EMILY FITZGERALD	14	Harlow Pen	1:08.30	
66.	BOBBIE MACDONALD-WILLI	14	Bishop Stort	1:07.98	
67.	NATHALIE BAILEY	13	New Hall	1:07.96	
68.	JEYDA FAIK	14	Epping For't	1:07.91	
69.	AMELIA MATTHEWS	12	Harlow Pen	1:07.50	
70.	AMELIA WETHERELL	14	Harlow Pen	1:05.54	
71.	GENNA LEE	13	Harlow Pen	1:05.47	
72.	KAYLEIGH PEACOCK	15	Harlow Pen	1:05.40	
73.	SELINA GREEN	14	New Hall	1:04.90	
74.	FELICE CHAN	15	Bishop Stort	1:04.79	
75.	MICHELLE SHADIPE	14	New Hall	1:04.41	
76.	LOLA WONFOR	14	New Hall	1:04.10	
77.	SUMMER BUCKLAND	14	Harlow Pen	1:03.97	
78.	FREYA HADNUTT	15	Bishop Stort	1:02.78	

EVENT 223 Open/Male 200m Backstroke

1.	ARYA ZOLFAGHARI	11	Epping For't	3:46.20	
2.	FREDERICK SHANKLAND	12	Epping For't	3:40.00	
3.	ALEXANDER MCKAY	10	Epping For't	3:39.89	
4.	JAMES FULBROOK	14	Epping For't	3:15.00	
5.	MARCUS FECHETE	11	Epping For't	3:05.83	
6.	BOBBY MERCER	11	Harlow Pen	3:03.45	
7.	JACK LEES	11	Epping For't	2:59.36	
8.	OSCAR LANGSTON	12	Epping For't	2:59.20	
9.	JACK FOURACRES	14	Epping For't	2:58.00	
10.	DOMINIK STERBAK	12	Harlow Pen	2:53.42	
11.	ALEXANDRU APOSTOL	14	Epping For't	2:51.09	
12.	JOSHUA DILCHAND	14	Epping For't	2:39.57	
13.	PHILIPP VITKOVSKI	13	Epping For't	2:39.48	
14.	LIAM BAUTISTA	14	Epping For't	2:38.16	
15.	CHARLES HAYWARD	13	Epping For't	2:36.80	
16.	MICHAEL MANNIX	15	Harlow Pen	2:25.08	
17.	DANYLO KRAVCHENKO	14	New Hall	2:12.09	

EVENT 224 Female 200m Butterfly

1.	LILY WANG	12	Epping For't	3:30.00	
2.	SAKURA YAMADA-ORR	10	Co St Albans	3:28.89	
3.	FREYA HILL	13	New Hall	2:53.00	
4.	GRACE MASON	17	Bishop Stort	2:37.85	

EVENT 225 Open/Male 50m Freestyle

1.	VOLODYMYR IGNATIEV	14	Bishop Stort		
2.	DANIEL CARA	9	Bishop Stort		
3.	SETH FORD	10	New Hall	1:00.96	
4.	SAMUEL FALLAHNIA	10	Epping For't	1:00.00	
5.	HARRY SHEMMINGS	9	Epping For't	1:00.00	
6.	ZANDER VAN BAAL	10	Bishop Stort	58.87	
7.	HENRY OAKES	16	Harlow Pen	56.00	
8.	ETHAN JOLLES	11	Harlow Pen	53.12	
9.	FREDERICK BAILEY	9	New Hall	50.27	
10.	JACK LOMAS	10	New Hall	50.18	
11.	MARTIN CHOLAKOV	10	Harlow Pen	49.77	
12.	CIAN MILLSOM	9	Bishop Stort	49.73	
13.	ZACHARY MATTHEWS	9	Harlow Pen	49.00	
14.	ALEXANDER CUTHILL	10	New Hall	46.61	
15.	OSCAR ROUT	11	Harlow Pen	46.00	
16.	THEO PORTLOCK	10	New Hall	45.53	
17.	WILLIAM DONNELLY	9	Harlow Pen	45.00	
18.	CHARLIE DONNELLY	9	Harlow Pen	45.00	
19.	GUILLAUME TITOT	13	Epping For't	45.00	
20.	PAYTON SANDHU	10	Epping For't	43.88	
21.	JARED JONES	11	Harlow Pen	43.16	
22.	JAMES FUTTER	12	New Hall	42.46	
23.	ALEXANDER MCKAY	10	Epping For't	42.38	
24.	COLTON SMIT	10	New Hall	42.15	
25.	JEREMY COX	10	Harlow Pen	41.19	
26.	RENWA ARIA	11	Epping For't	41.10	
27.	ALEXANDER EUSTACE	11	Bishop Stort	40.52	
28.	KENNY MILLSOM	10	Bishop Stort	39.47	
29.	JAMES GORE	15	Epping For't	38.63	
30.	LUCA TSE	11	Bishop Stort	37.51	
31.	MOSES KWOK	13	Epping For't	37.30	
32.	SEBASTIAN SMITH	12	Bishop Stort	36.94	
33.	GEORGE HALL	11	Bishop Stort	36.81	
34.	JACK FOURACRES	14	Epping For't	35.94	
35.	RUSLAN SHIRAZ	12	Epping For't	35.50	
36.	HARRISON DODWELL	10	Bishop Stort	35.42	
37.	ARCHIE LAKE	12	New Hall	34.35	
38.	DOMINIK STERBAK	12	Harlow Pen	33.89	
39.	GUY SPEARMAN-BAINES	12	Bishop Stort	33.68	
40.	BOBBY MERCER	11	Harlow Pen	33.31	
41.	JACK LEES	11	Epping For't	33.30	
42.	ALEXANDRU APOSTOL	14	Epping For't	33.13	
43.	LUCAS PINTILEI	14	Harlow Pen	32.90	
44.	SHENHAN LI	13	Epping For't	32.57	
45.	JAMES FULBROOK	14	Epping For't	32.57	
46.	AUSTIN BROOK	13	New Hall	31.89	
47.	IMTIAAZ RAHMAN	15	Epping For't	31.84	
48.	MATEI HARDWARE	14	Harlow Pen	31.58	
49.	SAMUEL BIRD	13	Bishop Stort	31.34	
50.	LOUIS KINCH	12	New Hall	31.00	
51.	ADAM WHITE	13	Harlow Pen	30.71	
52.	ANDREW DE KONING	14	Saffron Wald	30.61	
53.	BENJAMIN PALMER	13	Bishop Stort	30.08	
54.	JOHN DEEKS	15	Bishop Stort	29.97	
55.	LIAM BAUTISTA	14	Epping For't	29.90	
56.	JOSHUA DILCHAND	14	Epping For't	29.30	
57.	ELLIOT HALL	13	Bishop Stort	28.48	
58.	ROBERT GOR	15	Bishop Stort	27.86	
59.	RARES BRANISTEANU	15	Harlow Pen	27.70	
60.	MICHAEL MANNIX	15	Harlow Pen	27.16	
61.	BEAU REILLY	15	Bishop Stort	27.04	
62.	JOSHUA HUTCHINSON	17	Harlow Pen	26.74	
63.	GEORGE JONES	14	Harlow Pen	26.70	
64.	DANYLO KRAVCHENKO	14	New Hall	25.40	
65.	OLIVER HUTCHINSON	17	Harlow Pen	25.10	
66.	MAX ARNOLD	18	Harlow Pen	24.89	

EVENT 226 Female 50m Butterfly

1.	NAOMI MUWANGI	9	Harlow Pen	1:12.44	
2.	ISLA DUNLEAVY	11	Harlow Pen	1:10.00	
3.	CASSIE BONNER	9	Epping For't	1:05.81	
4.	KELEREMCHI EKEKE	9	New Hall	1:02.00	
5.	OLIVIA NITA	10	Harlow Pen	1:00.00	
6.	ANA FREEMAN	11	Epping For't	1:00.00	
7.	LUCIA PINTILEI	12	Harlow Pen	59.83	
8.	ALEXANDRA SOTAYO	10	Chelmsford	58.56	
9.	SOPHIA COOPER	9	Epping For't	58.51	
10.	JOSEPHINE FOSTER	10	Epping For't	56.88	
11.	ELSIE COLE	10	Epping For't	55.00	
12.	LIV BAUTISTA	13	Epping For't	51.81	
13.	LUCINDA FOSTER	11	Epping For't	51.55	
14.	GABRIELLA SALES	10	Epping For't	50.11	
15.	EVIE LOWERS	10	Harlow Pen	44.45	
16.	LOIS LAWS	12	Harlow Pen	43.79	
17.	KATHMARL KLIS FARFAN	18	Epping For't	43.18	
18.	YANA PATEL	10	Bishop Stort	42.52	

19.	MEREDITH TING	12	Harlow Pen	42.11	
20.	ANANYA GOPI-KRISHNA	12	Epping For't	42.04	
21.	SAANVI KORDE	12	New Hall	42.00	
22.	PHOEBE FOX	11	Harlow Pen	41.98	
23.	HEIDI WOODLEY	12	New Hall	41.50	
24.	ISABELLA CROTTY	11	Bishop Stort	40.04	
25.	ESHA CROSS	15	Epping For't	38.55	
26.	FREYA GORDON	15	Harlow Pen	37.86	
27.	FELICITY OAKES	14	Harlow Pen	37.77	
28.	MEHA PATEL	13	Bishop Stort	37.70	
29.	KACI-MAY PECK	13	Harlow Pen	37.40	
30.	AMELIA MATTHEWS	12	Harlow Pen	36.97	
31.	PHOEBE KENT	13	Harlow Pen	36.88	
32.	ROWENA BARNARD	14	Epping For't	36.82	
33.	LOIS WATSON	12	Romford Town	36.70	
34.	KAYLEIGH PEACOCK	15	Harlow Pen	36.12	
35.	LOIS FIELDS	12	Bishop Stort	35.31	
36.	JEYDA FAIK	14	Epping For't	34.61	
37.	AMELIA WETHERELL	14	Harlow Pen	34.17	
38.	FREYA HILL	13	New Hall	33.90	
39.	LAUREN GORE	17	Bishop Stort	33.37	
40.	FELICE CHAN	15	Bishop Stort	33.16	
41.	GRACE MASON	17	Bishop Stort	33.11	
42.	GENNA LEE	13	Harlow Pen	32.39	
43.	MICHELLE SHADIPE	14	New Hall	31.40	

EVENT 227 Open/Male 100m Breaststroke

1.	VOLODYMYR IGNATIEV	14	Bishop Stort		
2.	ALEXANDER CUTHILL	10	New Hall	2:20.00	
3.	HARRY SHEMMINGS	9	Epping For't	2:20.00	
4.	COLTON SMIT	10	New Hall	2:12.00	
5.	SAMUEL FALLAHNIA	10	Epping For't	2:10.00	
6.	JAMES FUTTER	12	New Hall	2:06.05	
7.	CHARLIE DONNELLY	9	Harlow Pen	2:00.00	
8.	ZANDER VAN BAAL	10	Bishop Stort	2:00.00	
9.	GUILLAUME TITOT	13	Epping For't	2:00.00	
10.	SEBASTIAN SMITH	12	Bishop Stort	1:45.00	
11.	KENNY MILLSOM	10	Bishop Stort	1:43.38	
12.	MARCUS FECHETE	11	Epping For't	1:39.89	
13.	JAMES FULBROOK	14	Epping For't	1:37.63	
14.	GUY SPEARMAN-BAINES	12	Bishop Stort	1:36.78	
15.	HARRISON DODWELL	10	Bishop Stort	1:35.37	
16.	OSCAR LANGSTON	12	Epping For't	1:34.79	
17.	LUCAS PINTILEI	14	Harlow Pen	1:29.74	
18.	IMTIAAZ RAHMAN	15	Epping For't	1:27.72	
19.	ALBY JAMIESON	13	Harlow Pen	1:27.12	
20.	AUSTIN BROOK	13	New Hall	1:24.95	
21.	ROBERT GOR	15	Bishop Stort	1:16.66	
22.	DMITRIJS GRACOVS	15	Harlow Pen	1:16.22	
23.	DANYLO KRAVCHENKO	14	New Hall	1:15.13	
24.	HARRISON BROOK	15	New Hall	1:15.03	
25.	GLENNON LEE	17	Harlow Pen	1:06.70	

EVENT 228 Female 100m Backstroke

1.	L KURUKULASOORIYA	10	Epping For't	2:10.00	
2.	AMELIE MURRAY	10	Epping For't	2:10.00	
3.	FLORENCE GILL	9	Epping For't	2:10.00	
4.	CHLOE FIRTH	12	Epping For't	2:00.00	
5.	EMILIA QUADRI	10	Epping For't	2:00.00	
6.	ANNABEL TAYLOR	9	New Hall	1:57.85	
7.	AMALIA ZEOLLA	11	New Hall	1:55.35	
8.	SCARLETT CATHERALL	11	Epping For't	1:55.00	
9.	AMBER LUCAS	10	Epping For't	1:55.00	
10.	ISOBEL LUCAS	11	Bishop Stort	1:50.88	
11.	SOPHIA COOPER	9	Epping For't	1:49.80	
12.	HELENA FULBROOK	12	Epping For't	1:49.75	
13.	CHLOE SHEMMINGS	12	Epping For't	1:49.36	
14.	LOLA GIVEN	11	Epping For't	1:49.15	
15.	NEVE CARTER	10	Harlow Pen	1:45.14	
16.	SHOSHANA DENNEHY	11	Harlow Pen	1:43.17	
17.	LILLIE FRANCE	12	Harlow Pen	1:41.43	
18.	LIV BAUTISTA	13	Epping For't	1:36.08	
19.	MAYA MALIN	12	Epping For't	1:35.41	
20.	EVIE LOWERS	10	Harlow Pen	1:33.71	
21.	DIA PAUL	12	New Hall	1:33.19	
22.	LOUISA CLAXTON	13	New Hall	1:30.16	
23.	HARRIET SEDGWICK	12	New Hall	1:27.61	
24.	PHOEBE FOX	11	Harlow Pen	1:27.28	
25.	MAY DONNELLY	12	Harlow Pen	1:26.91	
26.	LOUISA KOSHELEVA	14	Epping For't	1:26.78	
27.	PHOEBE KENT	13	Harlow Pen	1:22.88	
28.	ELSPETH LOWE	12	Bishop Stort	1:22.23	
29.	BOBBIE MACDONALD-WILLI	14	Bishop Stort	1:18.80	
30.	ISOBEL MCKAY	12	Epping For't	1:17.52	
31.	AMELIA WETHERELL	14	Harlow Pen	1:14.98	
32.	NATHALIE BAILEY	13	New Hall	1:14.55	
33.	SELINA GREEN	14	New Hall	1:14.48	
34.	LOLA WONFOR	14	New Hall	1:11.37	