



## Regional Qualifier Open Meet

A Level 3 Licensed meet No. 3ER250178  
under SE Laws & SE Technical Rules of Swimming  
Harlow LeisureZone, Essex. CM20 3DT  
Saturday 22<sup>nd</sup> March 2025

### INDIVIDUAL ENTRY FORM

Surname:	Forename:
Address:	
Tel:	Club:
email:	DoB:
SE#:	Age at 22/03/25:
Male / Female:	

EVENT	AGE GROUP	ENTRY FEE	ENTRY TIME
50m Freestyle	9/OV years		
50m Breaststroke	9/OV years		
50m Butterfly	9/OV years		
50m Backstroke	9/OV years		
100m Freestyle	9/OV years		
100m Breaststroke	9/OV years		
100m Butterfly	9/OV years		
100m Backstroke	9/OV years		
200m Freestyle	9/OV years		
200m Breaststroke	9/OV years		
200m Butterfly	9/OV years		
200m Backstroke	9/OV years		
200m Individual Medley	9/OV years		
400m Freestyle	9/OV years		
	<b>TOTAL FEE</b>	£	No time = no swim

**Entry fee £7.00 per event**

**BACS payment to:** Bishops Stortford Swimming Club

Tell us your reference:	Account 65230857
	Sortcode 08-92-99

Closing date for entries is 22<sup>nd</sup> February 2025, or when full.

Only individual entries on this form –electronic Club entries to be sent by SPORTSYS to [openmeet@harlowpenguins.com](mailto:openmeet@harlowpenguins.com).